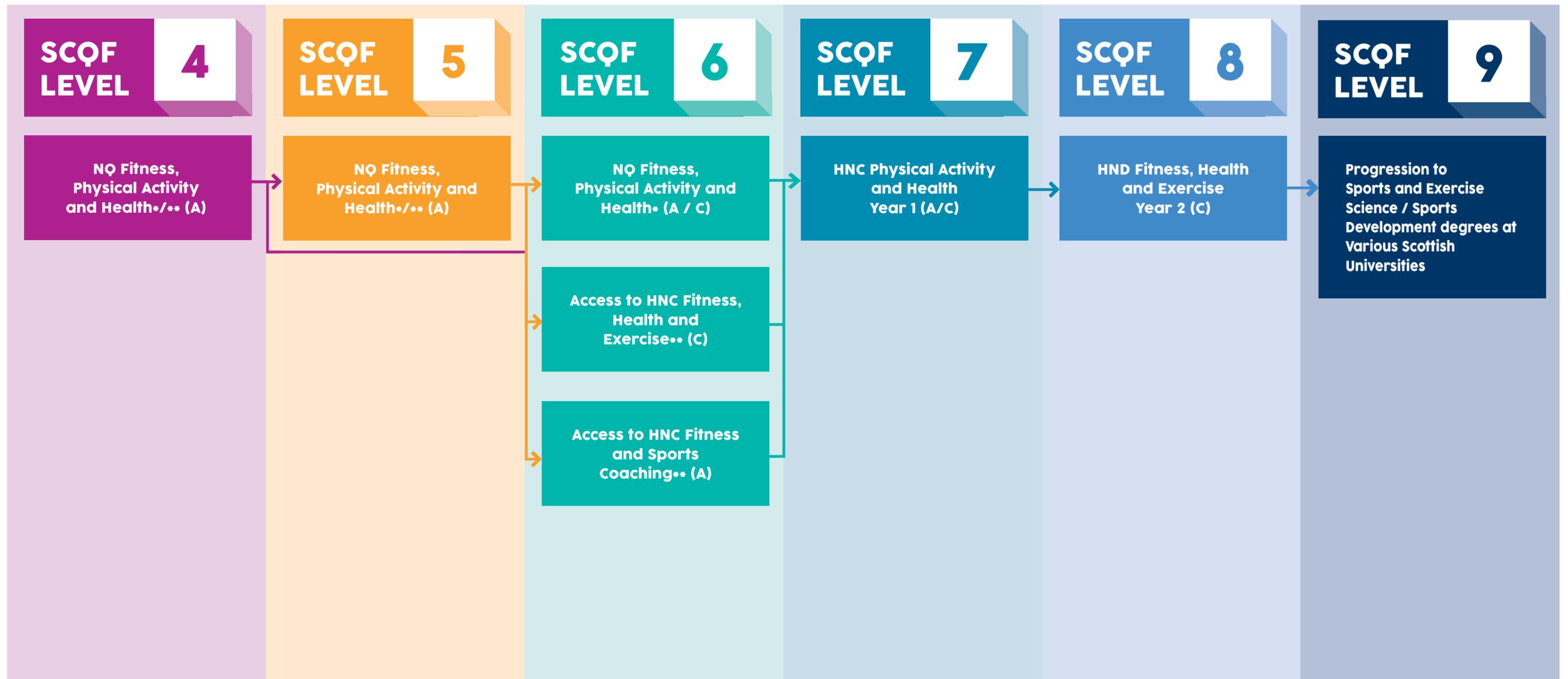


HEALTH AND FITNESS COURSE PROGRESSION MAP



A - Anniesland Campus C - Cardonald Campus

* Short Full time Course - August to January

** Short Full time Course - January to June